

We are happy to invite you to
the 32th Special Intensive
International Dutch

Aikido

Summer Seminar 2017 with

Doshu Yoshigasaki

Misogi- Aikido- Bokken - Jo

Date:

Friday July 14 - Wednesday July 19

Arrival for people who stay for lodging
on friday july 14 from 17.00- 18.00h . ,
They join the workgroups at Hoge Distel
for preparation Dojo's and dinner

Location Lodging:

De Hoge Distel,
't Hoog 3,
5268 LL Helvoirt, The Netherlands.

NEW NEW Location Aikido:

Sportshal Kerkweg 1 ,
5266 BA Cromvoirt. The Netherlands.

So the trainingdays will be full of work.
We like to offer this full programme for
the people who can lodge at the Hoge
Distel.

The intensity is not only the training ,
but also taking care of each other, like
cooking, cleaning and so create an
environment of sharing together.

Like in Furusato (Doshu's Dojo).

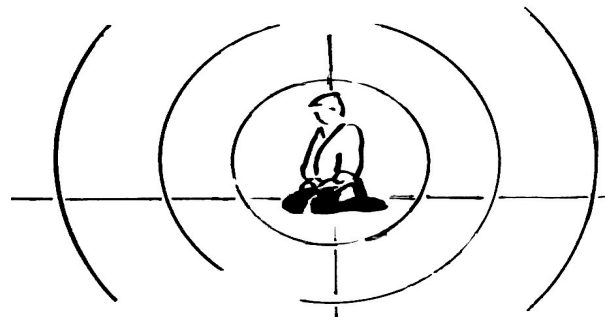
Aikido Training will be for everybody
together in the Sportshal in Cromvoirt
There are people who only come for the
Aikido Training, for them there is a
compact timescedule, so they do not have
to wait 3hrs at lunchtime.

The arrival time for lodging is friday july
14 from 17.00-18.00h, so we can make
workgroups, prepare the Dojo's, clean
and cook, and have diner together at
19.15h.

We create a Dojo at this place for the
Misogi Bell/Bokken, we can also train
outside as we are in the woods.

The lodging place is basic, place
for 25 - 30 people, so you need to bring
your sleeping bag and pillow.
You can also bring your tent to sleep.
Please register in time before June 30.

For the Misogi bring bokken, wooden
bench, zabuton and dogi and white socks.
Also dojo slippers... We have bells.



Programme: Arrival July 14 2017

SATURDAY 15- TUESDAY JULY 18

07.00 -07.45 Misogi/ Ki-breathing.
Dojo at Hoge Distel.
08.15 Breakfast at Hoge Distel
09.30 -10.25 Misogi with Bell at Hoge Distel.
10.35 -11.30 Misogi Bokken, Hoge Distel
12.00 -12.30 Lunch at Hoge Distel.
13.30 -15.30 Aikido All Sporthal Drunen
16.00 -18.00 Aikido Weapontraining All.
19.15 Dinner Hoge Distel

WEDNESDAY JULY 19

07.00 - 07.45 Misogi/ Ki-breathing.
08.15 Breakfast at Hoge Distel.
09.30 - 11.30 Misogi with Bell / boken
11.30 - 12.00 Reflection Seminar
12.30 Lunch at Hoge Distel
End Lodging or a day to Relax

- * DEN/DAN examinations monday /
teusday afternoon...
- * monday evening camp fire

Seminar lodging means joining the full
programme so the price includes Misogi
bell/bokken. Price lodging from friday
dinner till wednesday lunch is € 235,00

1 full day price € 50.00 includes dinner,
bed, breakfast, lunch and Misogi
Bell/Bokken, but also to be part of a
workgroup at Hoge Distel.

Lodging fees	Seminar	per 1 full day
Adult	€ 235,00	€ 50,00

Vegetarian meals are possible. Please
indicate this when you register.

Aikido Seminar fees.

Aikido seminar fee all 4 days
at the Sporthal Cromvoirt € 120,00
Aikido one day € 30,00
Aikido one class € 15,00
One day Misogi Bell/Bokken € 15,00

Children lodging

If you bring your children you can bring your tent to sleep together, but we can also make parents with children rooms.

7 – 9 years	135	35
3 – 6 years	90	25

Children daycare

Please let us know in before june 30 if you have children to join for the day-care.

Day-care fees:

Whole seminar	€	50,00
One day	€	15,00

Reduced fee big family 1-€ 50, 2-€ 40, 3-€ 30

Payment

Aikido Seminar fee and Lodging fee can be paid to NL54 INGB 0002 0330 41 of the Ki-Aikido Centrum in advance before june 30 with total €10,00 discount.

You can also pay in cash at the seminar!

O = BREAKFAST L = LUNCH
D = DINNER S = BED

Looking forward to meet you at the 32th Special Aikido Summer Seminar 2017 in the Netherlands.

We wish you a very pleasant journey.

Reservation / registration-form for:

Name_____.

Address_____.

City_____Country_____.

Tel_____.

Email_____.

Yes, I hereby register for:

Lodging/Full Seminar at Hoge Distel:
Includes Misogi Bell/Bokken.

Lodging only for the day's:

14-7	15-7	16-7	17-7	18-7	19-7
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Aikido Seminar july 15- july 18:

Aikido only for the day's:

14-7	15-7	16-7	17-7	18-7	19-7
	O	O	O	O	

O = put cross what you participate

Baby/children care: _____ child(ren).

Children age: 1____ 2____ 3____

Vegetarian cooking (fish) : (O)

New Aikido T-Shirt 2017 (maybe) :

Signature:_____Date_____.

Please send your registration form, by post/email, before June 30 2017 to:
Ki - Aikido Centrum. c/o Eugène du Long,
Maasdijk 407, 4264 AS Veen, The
Netherlands. Email: kiaikido@xs4all.nl

Invitation to the
International Dutch

Aikido

32th Summer Seminar 2017



Doshu Yoshigasaki

Friday July 14 – Wednesday July 19

New Location Aikido:

Sportshal Kerkweg 1,
5266 BA Cromvoirt. The Netherlands.

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www.KiAikidoCentrum.nl