

Invitation to the Berlin Aikido Seminar with Yoshigasaki Doshu



Please be aware that all info and regulations below may change, and that even the whole seminar may be cancelled at very short notice if we do not reach the necessary number of participants, as well as due to non-expected changes in the Covid-19 situation and the related legal rules.

3 oct (Sat) 11 - 13h and 17 - 19h

4 oct (Sun) 10 - 12h and 14 - 15:30h

Place:

Miriam-Makeba-Schule

Zinzendorfstr. 15-16, 10555 Berlin, Germany

U Turmstr. / U Hansaplatz / Bus 101, 106, 245

Modalities / Specifics:

- **We can accept a maximum of 40 participants. Please register for the full seminar duration via eMail with Ulla (see below). Participants will be listed in the order of the submitted registrations.**
- Registered persons will be informed about any kind of changes or details by eMail.
- Mainly Jo and Bokken training, please bring both.
- We will keep the correct corona distance, practicing without touching each other.
- Mask (mouth and nose cover) is obligatory.
- We will guarantee for strong air exchange by doors, windows, and fans. Please be aware that it might get chilly.
- Depending on the weather we might even use outside asphalt space for practicing, too. Please bring suitable shoes and prepare for chilly temperatures.
- We recommend that you bring your own water bottle and snack, no catering will be provided.
- No showers available.
- Saturday 3 Oct is a public holiday, shops will be closed.

Cost:

50 Euro for the full seminar.

If you need a reduction, please let Ulla know before the seminar.

We are looking forward to seeing you!

Ulla and all dojo members

Ki & Aikido Ursula Michel

Contact: um@ki-aikido.tv / mobile +49 171 8786918

Thanks to the Ki- und Aikido-Dojo Berlin e.V. for the good cooperation!

[für Infos auf Deutsch bitte an Ulla wenden, Kontakt s.u.]