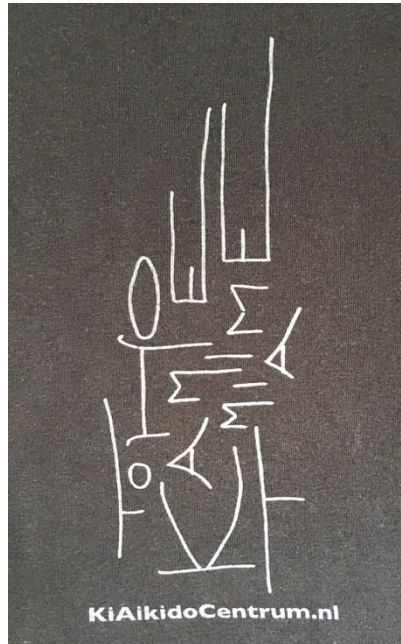


# Misogi Training



at Furusato

23-25 september

with Eugène du Long.

Friday 13.00 – Sunday 18.00hrs

Basic Ki-breathing and posture Seiza training,  
changes and sound training.

Due to Corona limited groups, a few places left.

info: [kiaikido@xs4all.nl](mailto:kiaikido@xs4all.nl)

# Ki Aikido Centrum