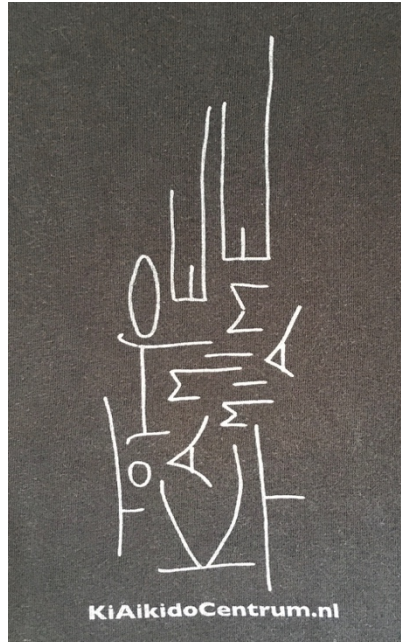


# Misogi Training



at Furusato

2-4 June / 22-24 September

with Eugène du Long.

Friday 13.00 – Sunday 18.00hrs

Basic Ki-breathing, Te musubi and misogi breathing  
and basic strict partner-posture Seiza training,  
Harmonic changes and sound training.

info: [kiaikido@xs4all.nl](mailto:kiaikido@xs4all.nl)

# Ki Aikido Centrum