



41. Ki and Aikido – seminar at Herzogenhorn Aug. 27th – Sept. 1st, 2023

The seminar will take place at the Leistungszentrum Herzogenhorn. It is located in clear air at 1300 m above sea level in the nature reserve of the Feldberg; the Herzogenhorn itself is 20 minutes away on foot.

The registration is now possible (modalities see below).

TIME		FEES
Check in	Sun Aug 27 th 2022, at 1.30pm	Seminar 100 € (reduction available, please contact)
Sunday	3.00 – 5.30 pm lesson	accommodation at the hotel (full board, Sun evening to Fri noon)
Mon - Thu	6.30 Meditation (outside) 7.10 Ki-Breathing, Misogi	two-/three-bed-room with showers 360 € p.P. (two bed occupancy on availability)
	9.00 – 10.30 lesson	For single room please ask.
	10.30 – 11.30 tutorials	Fee for the use of the hall in case of other accommodation 10 € per day
	4.00 – 5.30 pm lesson	Seminar and user fees will be collected in cash on site.
Friday	9.00 – 11.00 lesson	
	free training Mon - Thu 2.30 – 4.00 pm, here are also further tutorials conceivable	

As in the past, there is the possibility of accommodation in the Zeller Hütte. Interested parties contact Armin Wittmann (A.Wittmann@mb.hochschule-trier.de).

The lessons will be taught by five Sensei, who have split the units. As things stand today, these are Vera Smitt (misogi), Klaus Heß, Jürgen Bauer, Roland Klimpel and Iris Scalon.

Formal organizer is the Freiburger Judoclub e.V.

REGISTRATION

For the complete registration two things have to be done:

- mail to kummrow@gmx.de. Please also indicate if there should be desired room partners at the hotel or if there are wishes regarding the meal.
- In case of accommodation in the hotel, transfer the hotel costs to the account of the Freiburger Judoclub e. V. IBAN DE44 6809 0000 0075 9090 12, keyword Herzogenhorn and own name.

CANCELLATION POLICY

Unlike in the past, the hotel of the Leistungszentrum does not waive cancellation fees, this also applies to individual days. Understandably, we have to pass these on.

- If the hotel is cancelled after April 24th makes 20 % of the accommodation fee
- If the hotel is cancelled after July 15th makes 60 % of the accommodation fee

PLEASE NOTE: The seminar cannot take place if at least 25 hotel guests have registered for the total duration by May 20th, as exclusive use of the hall depends on the number of participants. A total of approximately 30 hotel guests are planned, but more can be accommodated within the limits of availability. So a quick registration is very desirable.

IMPORTANT TOO: Participation in the seminar is at your own risk. The current Corona rules apply.

We love to see you at Herzogenhorn

Ki & Aikido Dojo Freiburg