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Seminar with

Heike Howein Sensei



Heike Howein Sensei 4th Dan, Dojo am Fluss, Nürnberg Germany, is visiting Västerås, conducting a seminar.

Heike are regularly conducting Misogi-seminars, in Nürnberg and also in Furusato.

Heike was visiting Västerås last spring, a much appreciated seminar.

We are happy to welcome her back!



Language:



VÄSTERÅS
KI-AIKIDO

When: Fri, March 31st – Sun, April 2nd, 2023.

Where: Tallmätargatan 3A, Västerås.
(The club dojo)

Organizer: Västerås Ki-Aikido klubb



Webpage: vasteraskiaikido.se

Contact: info@vasteraskiaikido.se



PROGRAM

Friday:

18.30-20.30 All

NOTE: Free of charge.

Saturday:

10.00-11.30 All

11.30-13.30 Lunch

13.30-15.00 All

15.00-15.30 Examination

15.30-17.00 Advanced

19.00-21.00 Dinner

Sunday:

10.00-11.30 All

11.30-13.30 Lunch

13.30-15.00 All



Cost

10 EUR Single

40 EUR Whole

50 EUR Whole + Advanced

BIC: NDEASESS

IBAN:

SE89 9500 0099 6026 0466 3944



PRE-REGISTRATION!

The dojo is limited til 30 practitioners at a time on the tatami.

Pre-registered are priority but all are welcome as long as there are space.

Pre-register to: info@vasteraskiaikido.se

Name and classes you intend to participate on

